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Friday, June 12, 2020

Parents and student athletes,

Fort Stockton ISD has learned that an individual who attended morning Summer Strength and Conditioning on Thursday 6/11/2020 at the Fort Stockton Athletics Complex was in close contact with a person who has been lab-confirmed to have COVID-19. The individual who attended the Summer Strength and Conditioning has been tested and is awaiting the results of the test. This individual and the individual's family are currently self-quarantined.

Out of an abundance of caution and concern for the safety and well-being of our students, staff, and families, we have made the proactive decision and are canceling our morning and afternoon Summer Strength and Conditioning practices. Our morning staff will continue to self-isolate while we await the testing results.

## We are also postponing all athletic activities until further notice while we clean and disinfect the athletic equipment and complex.

We are also asking that all student-athletes who attended morning Summer Strength and Conditioning on Thursday, June 11th to self-isolate while we await the test results of the individual who was in close contact with a person who is lab-confirmed to have COVID-19.

We want to remind any student or staff member living with someone who experiences any of the symptoms of COVID-19, whether they have a positive COVID test or not, should self-isolate for two weeks. If they do not experience any COVID symptoms during that period, they can return to summer workouts. If they experience symptoms, they must self-isolate until the conditions outlined above have been met.

As with controlling COVID-19 and the spread of other viruses, we urge everyone to take the following preventive measures:

- Wash your hands regularly, especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for at least 20 seconds. Be sure to also wash your fingertips and backs of your hands.
- Avoid coughing or sneezing into your hands or into the air. Always try to cough or sneeze into a tissue, then throw the tissue away. If you don't have a tissue, then cough/sneeze into your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.

Fort Stockton ISD has not received any reports of any students or staff members experiencing illnesses with symptoms resembling those of COVID-19. Individuals who need medical care should call their medical provider to report their illness prior to seeking care at a clinic, physician's office, or hospital. We are closely monitoring this situation and will provide updates as we know more.

Thank you for your patience and understanding. Fort Stockton ISD